



CRIMINON

F L O R I D A

★ ★ ★
STELLAR
NEWS

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

4TH QUARTER 2025



Criminon Florida...

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Applying "Be Industrious" and "Be Competent"

STARTING FRESH ON THE OUTSIDE

A story of two powerful precepts from *The Way to Happiness*, instrumental in ending the revolving door of recidivism...

Alex had been in and out of jail for years—petty theft, fights, bad choices. Each release promised change, but without skills or a plan, he always slipped back into the same cycle.

One day, he was handed a yellow postcard by another prisoner, and he signed up for the Criminon program. Studying *The Way to Happiness*, he started to believe he could turn his life around by applying the 21 precepts.

Two in particular stood out: **Be Industrious** and **Be Competent**.

Powerful lines that stuck: "*Morale is boosted to high highs by accomplishment. In fact, it can be demonstrated that production is the basis of morale.*" And: "*To the degree that a man is competent, he survives. To the degree he is incompetent he perishes.*" Alex made a promise: when he got out, he'd live by these rules.

Walking free with just a bus fare and the booklet, he started right away. "Be Industrious" meant stay busy with useful work. He took day-labor jobs—construction, loading trucks, yard cleanup. Showing up early and working hard, he finished each day with honest pay. Every completed task lifted his spirits higher.

Then came "Be Competent." He used early paychecks for a community welding course. First welds were rough, but he practiced nightly on scrap. Months later, Alex landed a steady welding job. Years on, he's a lead welder, respected and free. Two simple precepts broke the cycle; hard work raised his morale and real skills let him survive and thrive.

Read Daniel C.'s inspiring words about his post-incarceration success on page 3, and share the Criminon program with others so they too have the tools to turn their lives around.

- The Criminon Florida Team





SUCCESSSES FROM THE WORLD OF STELLAR STUDENTS

LIFE-CHANGING PROGRAM

The Criminon program literally changed my life. During the virtues exercise in *The Way To Happiness*, I used each one with those around me, including the COs. It forced me out of my comfort zone and was so encouraging and enlightening. Being an avid reader, I use the skills learned in the Learning Improvement Course on a daily basis. As a result, I not only get a better understanding of the material, but I'm constantly increasing my vocabulary. From the Personal Integrity Course, the justification section made me confront my own shortcomings and I began down the path of accepting full responsibility for my actions. All in all, these courses are life-changing as long as we open our hearts and minds to the fact we can be better humans. | **Alphonse L.**

GOLDEN NUGGETS OF WISDOM

I have learned a lot from each Criminon course, but my personal experiences are a goldmine waiting

to be tapped into. I had to drill the holes, blast away the rock, and extract the golden nuggets of wisdom and lore that are there. Just like the miner who gets rid of the excess rock and waste, but keeps the gold, so it is with oneself; extract the gold first, then throw away the baggage.

| **Gilbert S.**

NEVER RETURN TO PRISON

I feel like a more complete person. I have lived a very strange and dangerous life, and wish that I had had the knowledge I do now. I know for sure that I would have made different decisions than I did, I would have thought of others instead of just me, me, me! Now in these prison walls I will be a better person. And when I leave, I will not be back.

| **Robert H.**

PUTTING BACK 'CORRECTION'

I greatly appreciate the opportunity your program provided me to look at myself and the way I interact

with society. I also appreciated having something positive and productive to do with my time, because in prison we are rarely afforded activities that educate us as to the pitfalls which might lead us into further troubles in our lives. I am extremely grateful to everyone at Criminon - you give your time and energy to help those of us who are looking to change and become useful members of society. Thank you for putting some 'correction' back into the correctional system.

| **George W.**

USING WHAT I LEARNED

The Criminon program was something that I will never forget because I learned stuff that I am actually using in prison. So I know I will definitely use it once free. Thanks for the encouragement and giving me a chance to see a lot of my mistakes that led me to prison.

| **Davon W.**



TOP STELLAR PLAYERS

Well done to all this quarter's players. Keep up the great work of getting others to improve their lives by starting on *The Way To Happiness Course*. Special congratulations to the four highest scoring players!

James G. - 345

Robert F. - 305

Christopher W. - 100

Leigh F. - 100



STELLAR STUDENTS

Very well done to the students listed here for becoming a Stellar Student this quarter!

Anthony R.

Jason A.



CAT'S CORNER

Some people love to work, while others try to avoid it, yet as noted in the feature article, production is the basis of morale. Ever been bored, started doing something productive and then felt your mood improve? That's the magic of producing – doing something worthwhile.

You might ask, "What can I do to be productive in prison?" Having a job or taking classes helps, keeping your own space organized or common areas clean and tidy - all these contribute to positivity for you and others. Do something to help others and feel your energy and sense of pride swell - those of you who have become Criminon facilitators know this to be true.

From the book *Problems of Work* by L. Ron Hubbard, "A laborer is not just a laborer. An office

worker is not just an office worker. They are living, breathing, important pillars on which the entire structure of our civilization is erected. They are not cogs in a mighty machine. They are the machine itself." Every job is important, and if you are doing something you like, it doesn't even seem like work.

From the same book, "Somehow, the right to work seems to be bound up in happiness and the zest of living. And demonstrably, the denial of work is bound up with madness and insanity." You will find happiness if you are productive and competent at whatever you decide to do.

=^..^=

Cat

WORDS FROM THE WISE

I spent just over five years in prison. When I got out, I never looked back. Not because the past vanished, but because I committed to applying two principles every day: being industrious and being competent. They are not abstract ideas to me. They are practical tools that allowed me to change my life. I have started companies, raised a family, and rebuilt my future.

What I learned is simple: the past does not disappear, but it does not have to control what comes next. Industriousness creates momentum. When you show up consistently and apply effort, progress follows. Competence creates trust. When you understand your work and take responsibility for the outcome, people rely on you.

Life does not reward intentions. It rewards results. I did not wait for ideal conditions or approval from anyone. I focused on learning, producing, and improving. Day by day, those actions compounded. Opportunities appeared. Work came my way. I earned the ability to provide for my family and to build something lasting.

- Daniel C.



We want to hear from you!

Tell us about your wins and successes.

Write us at Criminon Florida:

PO Box 2396 Clearwater Florida 33757



THE WAY TO HAPPINESS HOW TO PLAY

The name of the game is getting new students onto and using the precepts of *The Way to Happiness* distance learning course. It's a win-win situation. You win, the students you enroll win, and others in your institution win too. YOU can make a difference in someone else's life!

- Signing up students is the first step. Choose people you think are ready for a change. Tell them about how much your life has changed since you started on the Criminon program, and in particular your wins from *The Way to Happiness* Course. Do they want changes in their life too?
- Give him/her one of the enclosed yellow course request cards. They can also write a letter requesting the course. A new student must be the one requesting to start *The Way to Happiness* Course. You cannot fill out a card and request it for him or her. **Remember, only give out yellow cards to NEW students, NOT to those already on the program.**
- Follow up with this person to make sure they received *The Way to Happiness* book and course materials. Make sure they are doing the lessons and sending them in. Completing the course is what we are going for, so they can apply the material to change their lives. Some may need extra help understanding the material. Many need reminders of how valuable the course is, and how important it is to keep sending their lessons in.
- Once we receive a request card or letter with your name on the referred-by line, you get 15 points for a sign-up. The office then sends materials out to your student. When their first lessons come into the office, you get another 35 points and when they complete the course, you get 50 additional points for a total of 100 for each student who completes.
- All your referred students and earned points are tracked and reported each quarter. There is no carry over from one quarter to another. Everyone starts the game with zero points at the start of a quarter.
- When 3 or more students you refer send in their first lesson, you will receive a commendation from Alison at the end of the quarter.
- When you need more yellow cards, just write to Alison and ask for more. They are easy to hand out to others who fill them out and just drop them in the mail. Be sure to put your name on the bottom line (referred by). If you can't use the cards, ask your librarian or chaplain if you can put them out for others to pick up, or if you can post them on a bulletin board. **YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.**



WHERE ARE THE MOST STELLARS?

Here are the institutions with 10 or more Stellars. Annexes and work camps are grouped with the corresponding CI. There are 482 Stellars in Florida and 87 of you in 16 different states other than Florida. **STELLAR POWER — HELP MAKE MORE.**

Everglades CI.....	82	Union CI.....	25	Columbia CI, Annex.....	13	Avon Park CI.....	10
Tomoka CI, WC.....	32	Madison CI, WC.....	21	Hardee CI, WC.....	13	Graceville CF.....	10
Marion CI, WC.....	29	Jefferson CI.....	19	SouthBay CF.....	13	Martin CI.....	10
Sumter CI, Annex, WC..	25	Santa Rosa CI, Annex.....	15	Dade CI.....	11	Zephyrhills CI.....	10



STELLAR PLAYERS (OCT - DEC 2025)

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Alejandro B	15	35	0	50
Alexandra T	15	0	0	15
Alfonza W	15	0	0	15
Andres F	0	35	0	35
Andrew A	75	0	0	75
Barry C	15	0	0	15
Brendan T	0	35	0	35
Casey M	0	35	0	35
Chad S	15	35	0	50
Christopher W*	15	35	50	100
Diante W	15	0	0	15
Donna P	0	35	0	35
Dwayne D	15	0	0	15
Eddie C	15	35	0	50
George B	0	35	0	35
Geronimo C	15	0	0	15
Gilbert S	0	0	50	50
James G*	135	210	0	345
Jason C	15	0	0	15
Jason F	0	35	0	35
Jason S	15	35	0	50
Jessie G	15	35	0	50
John C	0	35	0	35
John M	0	0	50	50
Jonathan S	30	35	0	65
Jose H	0	35	0	35
Kevin B	15	0	0	15
Kurt V	15	35	0	50
Lawrence L	0	35	0	35
Leigh F*	30	70	0	100
Leslie H	0	70	0	70
Malando W	0	35	0	35
Michael M	0	35	0	35
Nathal T	0	35	0	35
Paul T	0	35	0	35
Randy M	0	35	0	35
Ricky N	15	0	0	15
Robert F*	15	140	150	305
Robert H	30	35	0	65
Roger J	15	0	0	15
Ronald R	0	35	0	35

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Samuel B	15	0	0	15
Scott M	15	35	0	50
Shavar S	0	35	0	35
Steven G	0	35	0	35
Thomas A	0	35	0	35
Timothy H	30	0	0	30
Timothy K	0	35	0	35
Urbano T	0	0	50	50
Vasten B	15	35	0	50
Wilbert J	15	35	0	50
William M	15	0	0	15
William S	0	35	0	35